COVID-19 RESPONSE

OUR MISSION IS

THAN EVER.

MORE IMPORTANT



In the midst of challenges, we see opportunities to make a Big Impact:

- Our staff is working remotely to ensure all of our matches receive the support they need during this difficult transition.
- > Our Bigs are providing critical emotional support to their Littles during this time of adversity, especially as they are missing the social interactions they would normally have at school.
- We are directly connecting with our Littles and their families in underserved communities and helping to provide essential services, such as information on health resources and hot meals and groceries through our local partnerships.

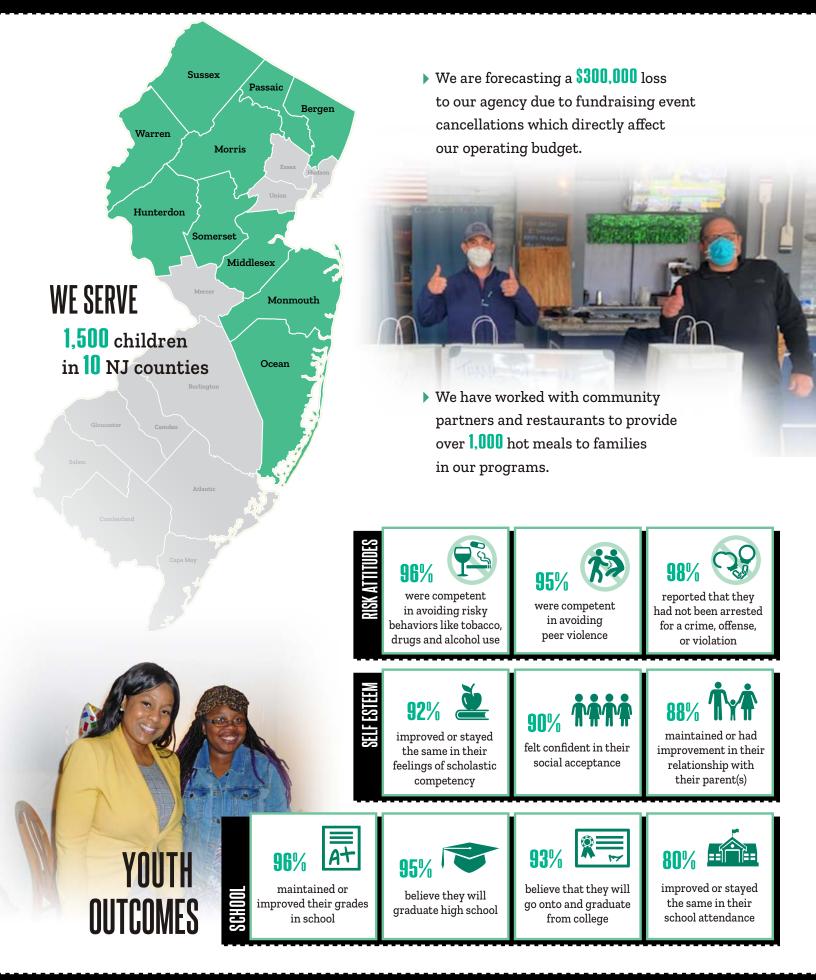
WE ARE A VITAL RESOURCE FOR OUR COMMUNITY

Even in the best of times, our Littles are facing adversity at a higher rate than the average young person in America.



- The Centers for Disease Control and Prevention (CDC) have prioritized preventing Adverse Childhood Experiences (ACEs) - traumatic events during childhood, such as what they are currently experiencing from COVID-19, can directly affect their health when children grow into adults.
- ACEs are linked to at least five of the top 10 causes of death, and "preventing ACEs could potentially reduce chronic diseases, risky health behaviors, and socioeconomic challenges later in life."
- The CDC recommends mentoring as one prevention strategy and highlights Big Brothers Big Sisters as a proven, evidence-based approach that is the "oldest and best-known example of a one-to-one mentoring program."

We are taking immediate action to maintain and support the vital, life-changing mentoring relationships we facilitate and professionally support in order to prevent social isolation of our Littles and their families.



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