## WATCH: Monmouth ACTS Releases Positive Youth Development Video Addressing Mental Health

Helps to educate County residents about programs and services available to them.



Monmouth County residents have many programs and resources to tap!



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By Monmouth ACTS

FREEHOLD, NJ (December 5, 2023) – Monmouth ACTS (Assisting Community Through Services) - a public-private partnership initiated by the Monmouth County Board of County Commissioners in 2018 - has released a video highlighting the Positive Youth Development Hub, one of the seven Hubs that make up Monmouth ACTS.

This video is one of several that helps educate Monmouth County residents about the programs and services available to them. One of the not-for-profit organizations involved in the Positive Youth Development Hub is the Big Brothers Big Sisters of Coastal & Northern New Jersey, providing one-to-one mentoring for youth ages 6-18 through their Community Based, School Based, Workplace, College, Bigs in Blue, Creating Access to Resources, Events and Support (C.A.R.E.S.), and Youth Empowerment programs.

In response to the COVID-19 pandemic, Big Brothers Big Sisters of Coastal & Northern New Jersey, in collaboration with other Hub organizations, developed Social & Emotional Learning Programs, a five-week program funded by a grant from the American Rescue Plan to help bolster social and emotional developmental skills necessary for relationships.

"The Positive Youth Development Hub helps foster positive pathways to economic and social independence with strong and responsible family and community ties during the transition into adulthood," said Commissioner Director Thomas A. Arnone.

"The goal of the Positive Youth Development Hub is to provide resources and support to our County's youth and their families, including support for mental health needs during and after the pandemic," said Monmouth County Commissioner Susan M. Kiley, liaison to the Department of Human Services.

For more information on Monmouth ACTS, visit www.MonmouthACTS.org.

## About Monmouth ACTS

Monmouth ACTS (Assisting Community Through Services) was created by the Monmouth County Board of County Commissioners in 2018 to carry out recommendations of a Human Services Needs Assessment. This innovative publicprivate partnership brings together County divisions from the Department of Human Services and community partners on the Monmouth ACTS Advisory Council (MAAC) to enhance access to services for County residents. For more information, visit www.monmouthACTS.org..

tapinto.net, "WATCH: Monmouth ACTS Releases Positive Youth Development Video Addressing Mental Health", (2023). Retrieved from https://www.tapinto.net/towns/hazlet-and-keyport/sections/government/articles/watch-monmouth-acts-releases-positive-youth-development-video-addressing-mental-health